

PSUSD Resource Directory

2018/2019

Eating Disorder Treatment:

Casa Palmera Treatment Center (Del Mar):

Description: Private pay facility with high-end amenities, treating co-occurring diagnoses, drug and alcohol problems, trauma, post-traumatic stress, and eating disorders. It's a 30-90 day inpatient program.

Ages: 18-70

Eligibility Requirements: None other than age and ability to pay.

Payment: Payment not disclosed. Private insurance may not cover the stay.

Location: 14750 El Camino Real Del Mar, CA. 92014.

Phone: 858-481-4411

Website : www.casapalmera.com

Loma Linda Medical University Behavioral Medicine Center:

Description: Men and women suffering from eating disorders will be assisted in developing a healthy relationship with food and learning positive ways to deal with life's challenges.

Ages: Men and women over 18

Eligibility Requirements: Must be suffering from anorexia, bulimia or have mixed symptoms.

Payment: Most insurance is accepted. Many insurance companies cover eating disorder treatment.

Location: 1710 Barton Road Redlands, CA. 92373.

Phone: 909-558-9200

Website: <https://lluh.org/behavioral-health/our-services/eating-disorder-programs>

Rebecca's House (Lake Forest):

Description: Extended care program, partial day treatment, intensive in-patient, and recovery transitional living programs for co-occurring diagnoses, binge eating and anorexia, bulimia and body dysmorphia.

Ages: Young adult males and females.

Eligibility Requirements: None other than age and ability to pay.

Payment: Insurance accepted, financing available and works with patients on a sliding scale.

Location: 23792 Rockfield Blvd Suite 100 Lake Forest, CA. 92630.

Phone: 800-711-2062

Website: www.rebeccashouse.org

Valenta Eating Disorder Clinic:

Description: Options for Partial Hospital Program, or after care program. The Partial Hospital Program is an outpatient eating, Depression and Anxiety disorder treatment (The patient returns home every evening and is home every weekend). The program runs Monday- Friday for 8 hours per day.

Ages: 12 & up.

Eligibility Requirements: None other than age and ability to pay.

Payment: Free assessment, accepts insurance and Medical to referred patients out.

Location: 9479 Haven Avenue Rancho Cucamonga, CA. 91730.

Phone: 909-771-8023

Website: www.valentaonline.com

Food Pantries / Hot Meals

Desert Chapel:

Description: Food bank available every 2nd Saturday of the month from 7:00 am until food is gone.

Ages: Adults and their families.

Eligibility Requirements: Low-income/ homeless.

Payment: Free. Donations accepted.

Location: 630 S. Sunrise Way Palm Springs, CA. 92262.

Phone: 760-327-2772

Website: www.desertchapel.org

Calvary Christian Center

Description: Serving individuals and families in need. Food banks available every Saturdays from 8:00am until 9:30am.

Ages:

Eligibility requirements: First come, first served basis.

Payment: Free. Donations accepted.

Location: 68-550 Dinah Shore Dr. Cathedral City, Ca. 92234

Phone: 760-656-3525

Website: www.calvarychristiancenter.org

JC Frey Building:

Description: Food bank available every Saturday 6:00 to 8:00 am.

Ages: Adults and their families.

Eligibility Requirements: Low-income, destitute or homeless.

Payment: Free. Donations accepted.

Location: 1911 E. Baristo Rd. Palm Springs, CA. 92262.

Salvation Army:

Description: A social services organization that responds to disasters, feeds the homeless, and runs thrift stores.

Ages: Adults and their families.

Eligibility Requirements: Low-income, destitute circumstances or undesirable family situations.

Food Distribution: 1st & 3rd Tuesday from 9:00AM - 12:00PM, please call for more information.

Bus Pass Availability: Contact - Liz Campos directly @ 760-424-5741

EAF Program: Emergency Assistance Funds - \$100 towards SCE bill (once a year only) by appointment only.

Contact Liz Campos @ 760-424-5741 for more information.

Free AIDS Testing: 1st Tuesday of the month between 2-6pm

Payment: Free. Donations accepted.

Location: 30400 Landau Blvd. Cathedral City, CA. 92234.

Phone: 760-324-2275

Website: www.coachellavalley.salvationarmy.org

St. Elizabeth Catholic Church

Description: Food bank available every Tuesday from 8:00 am to 10:30 am.

Ages: Adults and their families.

Eligibility Requirements: Self-Qualify, provides emergency food.

Payment: Free

Location: 66700 Pierson Blvd. Desert Hot Springs, CA 92240

Phone: 760-329-8794

Website: www.stelizabethdhs.org

Iglesia Un Manantial en el Desierto:

Description: Food bank available 1st, 2nd and 3rd Friday at 6PM - 9PM, and last Friday of the month from 9:00am until finished.

Ages: Adults

Eligibility Requirements: Self-qualify.

Payment: Free.

Location: 17-989 Corkhill Rd. Desert Hot Springs, Ca. 92241

Phone: 760-775-3663

St. Louis Catholic Church:

Description: Food pantry available on the 1st, 2nd, and 4th Fridays, and third Saturdays of the month from 9:00 am to 11:00 am.

Ages: Adults and their families.

Eligibility Requirements: Low-income, destitute circumstances or undesirable family situations.

Payment: Free. Donations accepted.

Location: 68633 C St. Cathedral City, CA. 92234.

Phone: 760-328-2398

Website: stlouischurchcathedralcity.org

St. Teresa's Catholic Church

Description: Food bank available every Monday from 7:00 am to 11:00 am.

Ages: Adults and their families.

Eligibility Requirements: Low-income or destitute circumstances, picture I.D.

Payment: Free. Donations accepted.

Location: 2800 E. Ramon Road. Palm Springs, CA. 92262.

Phone: 760-323-2669

Website: www.sttheresaps.com

The Well in the Desert

Description: Food bank available every Monday and Tuesday 11a.m. -1p.m. Saturday from 10:00 am to 11:00 am.

Ages: Adults and their families.

Eligibility Requirements: Low-income, destitute circumstances or homeless.

Payment: Free. Donations accepted.

Location: 181 N. Indian Canyon Drive Palm Springs, CA 92262

Phone: 760-656-8905

Website: www.wellinthedesert.org

FOOD NOW

Description: Free weekly food distribution for low-income residents of Coachella Valley. Distribution hours are Wednesdays and Thursdays at 8am and 10:30am. Registration is on Wednesdays at 11am.

Ages: Adults and their families.

Eligibility Requirements: Proof of Low-income, proof of address and proof of children (birth certificates), and ID.

Payment: No Fees

Location: 14080 Palm Dr. Suite E Desert Hot Springs, CA 92240

Phone: 760-288-7878 ext. 2

Website: www.thefamilyservicesofthedesert.org/food-now/

The Center:

Description: Food bank, weekly distribution for low-income residents on Thursdays at 5:30pm-7:30pm.

Ages: Adults

Eligibility Requirements: Low income.

Payment: Free.

Location: 610 S. Belardo Rd. Palm Springs, Ca. 92264

Phone: 760-416-7790

Website: www.thecenterps.org

Cathedral Center

Food Distribution- 1st & 3rd Monday of the month from 8:30am to 9:30 am

Age: 65 and over

Eligibility Requirements: Proof of Low-income

Payment: No Fees

Location: 37-171 W. Buddy Rogers, Cathedral City, CA 92234

Contact: James Martinez 760-321-1548

Website: www.cathedralcitycenter.org

Hot Meals for the Homeless/Hungry

The Well in the Desert – Mobile Food Bank

Mon. & Tues.: 11am to 1pm

First Baptist Church located at 588 W. Rosa Parks Palm Springs, CA
760-325-2650

Wednesdays: 11am to 1pm

St Paul's in the Desert Episcopal Church located at 125 W. El Alameda North Palm Springs, CA
760-320-7488

Thursdays: 11am to 1pm

Our Lady of Solitude Catholic Church located at 151 N. Alejo Rd. Palm Springs, CA
760-325-3816

Friday: 11 am to 1pm

Our Lady of Guadalupe Catholic Church located at 204 S. Calle El Segundo Palm Springs, CA
760-325-5809

Sunday to Friday: 11am to 1pm

Frey Building located at 1911 Baristo Rd. Palm Springs, CA
760-327-8577

Sundays: 10:00am to 12:30pm

Hot lunch at Sunrise Park, corner of Ramon and Sunrise

Coachella Valley Services and Overnight Shelter (Desert SOS):*

Description: hot meals served everyday from 1PM to 3PM

Ages: Homeless male adults

Eligibility Requirements: none

Payment: none

Address: 400 S. Farrell Dr. Ste. B205 Palm Springs, CA 92262

Phone: 760-327-4394

Website: www.ifssd.org

Health Services:

Desert Regional Medical Center:

Description: Not-for-profit Comprehensive health services and community programs.

Ages: All ages

Eligibility Requirements: Please contact desert Regional Medical Center.

Payment: Please contact Desert Regional Medical Center.

Location: 1150 N. Indian Canyon Dr. Palm Springs, CA 92262

Phone: 760-323-6511

Eisenhower Medical Center:

Description: Comprehensive health services, support groups and community programs.

Ages: All ages

Eligibility Requirements: Please contact Eisenhower Medical Centers.

Payment: Please contact Eisenhower Medical Centers.

Location: 39000 Bob Hope Drive Rancho Mirage, CA 92270

Phone: 760-340-3911

Medi-Cal:

Description: No or low-cost health coverage for California residents with limited income and resources.

Ages: All ages

Eligibility Requirements: Individuals may be automatically eligible for Medi-Cal benefits if they receive cash assistance from one of the following programs: SSI, CalWORKs, RCA, Foster Care, Adoption Assistance Program, kin-GAP. Others who may be eligible are those who are: age 65 or older, blind, disabled, under 21, pregnant, diagnosed with breast or cervical cancer, in a skilled nursing or intermediate care facility.

Payment: No Fees

Location: 68612 Perez Road Suite 9A Cathedral City, CA 92234

Phone: 760-770-2300

Riverside County Family Care Center (Teen Clinic):

Description: Offers confidential counseling, information and education to help prevent pregnancy and sexually transmitted diseases (Every Wednesday from 1 pm to 4 pm).

Ages: 12 through 17

Eligibility Requirements: None, no appointment necessary.

Payment: Free for teens.

Location: 1515 N. Sunrise Way Palm Springs, CA 92262

Clinic Phone: 760-778-2210

Appointments: 1-800-720-9553

Website: www.rivco-familycarecenters.org/Programs/TeenClinics

Smile Factory

Description: Palm Springs based mobile dental clinic provides free dental treatment for children.

Ages: 4 through 11

Eligibility Requirements: Low-income ages 4 through 11

Payment: No Fees

Location: 41865 Boardwalk Ste. 210 Palm Desert, CA 92211

Phone: 760-773-5747

WIC:

Description: Provides assistance to Riverside families to help them meet their nutritional needs. Food, supplements, and groceries are offered to low-income breast-feeding women, infants, and children up to age 5 and pregnant women who would have a medical or nutritional risk without proper nutrition.

Ages: Varies

Eligibility Requirements: Low-income, women who breastfeed infants and children up to age 5 years of age.

Payment: No Fees

Location: 1515 North Sunrise Way Palm Springs, CA 92262

Phone: 800-455-4942

Health Services Continued:

Cathedral City Family Medical

Description: General family medical services for insured and non-insured patients; accepts walk-in services. Free sports physicals for high school students.

Ages: All ages

Eligibility Requirements: Straight Medi-Cal patients must be under 18 years of age. IEHP/Molina Health members must be assigned to this general Dr. Blue Cross members must be under HMO and also assigned to this general Dr. Non-insured patients are welcome on cash basis for services.

Payment: Accepts Medi-cal, IEHP, Molina and Blue Cross Insurance. \$40 walk-in non-insured office visits, \$40 child physical exams and FREE high school sports physicals (must bring your own form). Call office for additional co-pay, exam and service costs;

Location: 34131 Date Palm Dr. #F2 Cathedral City, CA 92234

Hours: Mon. – Fri. 8:30 am to 5:00 pm, Sat. & Sun. 8:00 am to 12:00 pm.

Walk-in Hours ONLY: Mon. – Fri. between 8:30 am to 11:00 am and 1:00 pm to 3:00 pm

Phone: 760-770-4600

Cathedral Medical Clinic

Description: Cash based affordable/low cost comprehensive family medical care for non-insured ONLY services. Open 7 days a week, walk-in basis and no appointment needed. Offer a variety of services, exams and referrals. Free glucose and blood pressure exams every Tuesday and Thursday from 8:00 am to 10:00 am.

Ages: All ages

Eligibility Requirements: Cash based and non-insured services only, no insurance accepted (only for filling prescriptions thru Medi-Cal & other insurance carriers).

Payment: \$25 Walk-in non-insured consultation/office visits. \$45 high school sports physical. Call office for additional service costs.

Location: 31755 Date Palm Dr. Ste. #M Cathedral City, CA 92234

Hours: Mon. - Fri. 8:00 am to 8:00 pm, Sat. & Sun. 8:00 am to 2:00 pm

Website: www.lowcosthealthclinics.com

Phone: 760-770-3399

Centro Medico Cathedral City (Borrego Community Health Foundation)

Description: Primary and preventive services for community members of all ages.

Ages: All ages

Payment: Low-income

Location: 69175 Ramon Rd. Bldg. A Cathedral City, CA 92234

Phone: 760-321-6776

Desert Hot Springs Community Health (Borrego Community Health Foundation)

Description: Primary and preventive services for community members of all ages.

Ages: All ages

Payment: Low-income

Location: 11750 Cholla Dr. Desert Hot Springs, CA 92240

Phone: 760-676-5240

First Steps Pre-Natal Care

Description: Health care for pregnant woman and teenagers and preventive services for community members.

Ages: Woman and teens

Payment: Medi-Cal, IEHP & Family Package

Location: 34151 Date Palm Dr. Cathedral City, CA 92234

Phone: 760-770-0210

Website: www.firststepsclinic.com

Housing Resources:

American Red Cross, Palm Desert Office:

Description: Disaster relief, and emergency shelter, food and medical services.

Ages: Adults and their families.

Eligibility Requirements: Poverty/ disaster needs.

Payment: No Payment. Donations accepted.

Location: 39665 Entrepreneur Lane Suite A Palm Desert, CA. 92211.

Phone: 888-831-0031, 760-773-9105

Coachella Valley Housing Coalition:

Description: Home Ownership Program helps low- income families find housing by having them build their own brand new home. Helping higher income families with poor credit own a home that is already built. Rental Housing Program helps low-income families and individuals with rental options at one of their 33 rental housing complexes. Cooling center hours during summer are from 8am-3pm.

Ages: Works with the parents/ adults only.

Eligibility Requirements: Need to be working at a stable job for least 2 years. Self-help option: Must have good credit (at least 640) or can build their credit while the application is being processed. As well as no collection on credit report. Income requirement varies.

Payment: Application fee of \$10 (if single or married), \$12 (if unmarried couple) and \$20 different individuals (2 persons, i.e. mom/son). To be filled in person.

Address: 45701 Monroe Street Suite G Indio, CA 92201

Phone: 760-347-3157

Website: www.cvhc.org

Path of Life Ministries:

Administrative Office – 951-786-9048

Family Shelter – 951-275-8755

Hotline: 951-462-9822

Website: www.thepathoflife.com

Coachella Valley Rescue Mission:

Description: Homeless shelter which holds up to 75 individuals per night. They get access to case managers, showers, meals, fresh clothes and long-term residence if required. Lines open at 3:00 pm each day for the evening. First come first serve, can stay up to 90 consecutive days.

Ages: Children can stay with parents. Not for minors, but they can stay one night and work with a case manager to get a referral to an organization that works with children.

Eligibility Requirements: They ask for identification of some kind. If the individual does not have identification, they can stay the first night and then work with a case manager to get one.

Program Assistant: Aribel Gauto

Payment: No Fees, Donations accepted.

Location: 47470 Van Buren Blvd St. Indio, Ca. 92201

Phone: 760-347-3512; **Intake Phone:** 760-851-2160

Website: www.cvrm.org

Coachella Valley Services and Overnight Shelter (Desert SOS):*

Description: Programs operate to assist low-income or homeless find shelter. Desert Horizon places homeless into transitional housing and Desert Vista is a permanent housing solution to homeless men and women with disabilities and that have been chronically homeless for up to one year. Overnight shelter.

Ages: Single adults with disability. History of homelessness. Chronically homeless

Eligibility Requirements: Certain income requirements may apply. Some services are only offered to adults with disabilities.

Payment: Free, if they have income, 30% of income.

Address: 400 S. Farrell Dr. Ste. B205 Palm Springs, CA 92262

Phone: 760-327-4394

Website: www.jfssd.org

Housing Resources Continued:

Housing Authority of the County of Riverside:

Description: Government regulated program that provides affordable, decent, safe and sanitary housing to low and moderate-income families (including elderly and disabled). Section 8 Program, waitlist requirements vary depending on funding. The Affordable Public Housing Program is always accepting new applicants to the waiting list.

Ages: Adults and their children. The elderly and homeless will be moved toward the top of the waitlist.

Eligibility Requirements: Application available online or to be mailed in. Income eligibility based on a sliding scale. Identification and proof of income required.

Payment: No Fee to apply

Location: 44199 Monroe St. Suite B Indio CA 92201

Phone: 760-863-2828

Website: www.harivco.org

Martha's Village and Kitchen:

Description: Shelter and emergency services, career workshops and educational assistance. Food, diapers and formula distribution: 8:30 to 10:00 am, Monday through Friday (With ID, social security number and address). Every third Wednesday: 8:00 to 10:00 am, Fine Food Distribution, also provides lunch cards for lunch service from 11:00 to 12:00 pm every day. Clothing vouchers: 8:30 am, Monday through Friday, but only offered twice per year. Career and educational assistance: Help with GED, diplomas, resumes, practice interviews, and vouchers to obtain ID's.

Ages: Families of all ages. Mainly services for the adults and their families.

Eligibility Requirements: Low income, waitlist and referrals from any agency.

Payment: No payment required. Donations accepted.

Location: 83791 Date Ave Indio, CA 92201

Donation Scheduling: 760-775-6060 option 1

Phone: 760-347-4741 & Housing Referrals Fax: 760-775-5162

Website: www.marthavillage.org

Safe House of the Desert: Website: www.safehouseofthedesert.com

Description: 24-hour shelter for youth in crisis or in need of detox, 3 meals provided daily and counseling twice a week. Groups: (drug and alcohol etc.) every day for 3 weeks only. If the problem is not resolved or if they have nowhere to go, they can stay a little longer (if approved by a counselor). Also onsite is the Anderson House, which serves ages 18-22. They work to help them find jobs, health care and housing and teach them how to save their money to assimilate back into the community.

Ages: 11 through 17

Eligibility Requirements: They don't turn anyone away. Mainly services for those who are either homeless or having problems at home.

Payment: Donations accepted. No fee if the child comes in on their own.

Address: 72710 E. Lynn Street Thousand Palms, CA 99276

Phone: 760-343-3211

Salvation Army (Provides many services in addition to housing):

Description: Group homes, emergency shelters and transitional living centers. Provide housing, food and overnight lodging for varying amounts of time for those in need. In addition, they provide educational, counseling and vocational services to homeless, individuals, families, and youth. For those families with temporary needs, family service programs help with emergency food, housing and utility assistance.

Ages: Youth/adults.

Eligibility Requirements: Low-income, destitute circumstances or undesirable family situations.

Payment: Free. Donations accepted.

Family Services: Liz Robledo

Location: 30400 Landau Blvd. Cathedral City, CA 92234

Phone: 760-324-2275

Website: www.coachellavalley.salvationarmy.org

Housing Services - Continued

Shelter from the Storm:

Description: Only for victims of domestic violence (men and women). Emergency shelter, individual and group therapy, outpatient services, and help with restraining order paperwork and legal questions. Shelter is not gender segregated. (No longer provide outreach services for Palm Springs, Cathedral City or Desert Hot Springs, but can refer families to the Indio or Palm Desert offices)

Ages: Can accept children under 16 with mother as a victim. Group or individual counseling is open to minors, with parental consent.

Eligibility Requirements: None. No social security required.

Payment: No fee for people who can't make payments. Slide pay scale option.

Address: 73550 Alessandro Drive Suite 103 Palm Desert, CA 92260

Phone: 760-328-7233 (Hotline)

Counseling Center: 760-674-0400

Website: www.shelterfromthestorm.com

Mental Health Resources:

PSUSD Mental Health Department:

Description: Palm Springs Unified School District offers a wide variety of mental health services for children. Families can walk in or get a referral through their school site.

Ages: Clients are children (up to 17), but they do family therapy as well.

Eligibility Requirements: No child is turned away for a family's inability to pay.

Payment: Accepts Medi-Cal.

Location: 333 S Farrell Dr. Palm Springs, CA 92264
Wenzlaff Center 11625 West Dr. Desert Hot Springs, CA 92240

Phone: 760-416-1360

Barbara Sinatra Children's Center:

Description: Individual and group counseling for children who are victims of abuse or domestic violence. Psychological, sexual abuse and psychiatric assessments are available. Works with children diagnosed with a psychological disorder and runs a teen girls self-esteem program.

Ages: Clients are children (up to 17), but they do family therapy as well.

Eligibility Requirements: No child is turned away for a family's inability to pay.

Payment: Accepts Medi-Cal & Sliding scale.

Location: 39000 Bob Hope Dr. Rancho Mirage, CA 92270

Phone: 760-340-2336

Website: www.barbarasinatrachildrencenter.org

CHARLEE Family Care:

Description: Individual and family counseling for youth, teens and their adult caregivers.

Ages: All ages, with consent.

Eligibility Requirements: Demonstrate a need for services.

Payment: Accepts Medi-Cal.

Location: 45691 Monroe St. Indio, CA 92201

Phone: 760-342-5727

Website: www.charleecfc.com

Childhelp USA:

Description: Services for abused or neglected children. These services include community centers, group homes, foster care placement and residential treatment facilities for those with a court referral for severe abuse or neglect. The facility is located in a residential facility. By calling the Childhelp National Child Abuse hotline, crisis counselors can help you with the next steps.

Ages: Children up to 17.

Eligibility Requirements: Abuse or neglect.

Payment: Accepts Medical.

Phone: 951-845-3155

Hotline: 800-422-4453

Website: www.childhelp.org

Jewish Family Services of the Desert:

Description: JFS offers mental health and grief counseling services, as well as support groups for teens to seniors. They also have a KidsFirst counseling program and the KidsFirst Healthy Life program (which are school based).

Ages: Elementary School to Senior

Eligibility Requirements: Age of consent (12) for services and does not only serve the Jewish community.

Payment: Accepts Medi-Cal, Sliding scale available and accepts most insurance carriers.

Location: 801 E Tahquitz Canyon Way #202 Palm Springs, CA 92262

Phone: 760-325-4088

Second Location: 73750 Catalina Suite A Palm Desert, CA 92260

Phone: 760-779-9400

Website: www.jfssd.org

Riverside County Department of Mental Health (Indio clinic):

Description: Adult clinics provide services to adults suffering from severe and persistent mental health problems. These services include crisis intervention, psychiatric assessments, recovery management, medication services, case management and dual-diagnosis treatment. There is also an urgent care program, peer-to-peer recovery services and outreach to mentally ill homeless. They also help with housing assistance; children's mental health clinics provide services to children with severe emotional and behavioral problems. Services include psychiatric evaluations, medication services, individual and family therapy and case management services.

Ages: 12- Senior.

Eligibility Requirements: None specified. Usually serves low-income populations.

Payment: Low cost- sliding scale or free.

Location: 47825 Oasis Street Indio, CA 92201

Phone: 760-863-8455 **Website:** www.rcdmh.org

Catholic Charities, Coachella Valley Regional Center

Description: Counseling Programs (individual, couples, family counseling, support groups, parent education)

Ages: families, and adults

Eligibility: none

Location: 83-180 Requa Avenue, Ste. 9B Indio, CA 92201

Phone: 760-449-7877

Social Services:

County of Riverside Department of Public Social Services:

Description: Provides information on how to apply for Medi-Cal, food stamps, CalWORKs, or CalFRESH. Also, provides information about how to become an adoptive parent, foster parent, or report elder, dependent or child abuse and information about how to receive in home support services.

Ages: Adults and their families.

Eligibility Requirements: Requirements vary depending on the service requested.

Payment: Not applicable.

Address: 68625 Perez Rd # 3, Cathedral City, CA 92234

Phone: (760) 773-6700

Website: <http://dpss.co.riverside.ca.us>

Family Resource Center

Description: Provides assistance through family, children's and adult services.

Ages: All ages welcome

Eligibility Requirements: Depending on the service(s) requested

Payment: Not Applicable

Address: 14201 Palm Drive Suite 110 Desert Hot Springs, CA 92240

Phone: 760-329-2797

Website : <http://dpss.co.riverside.ca.us/family-resource-centers/locations>

Latino Commission Counseling Center

Description: Mental health services for children, adolescents and adults.

Ages:

Eligibility Requirements: None

Payment: Medical, IEHP, & cash.

Location: 1612 First St. Coachella, CA 92236

Phone: 760-398-9000

Website: www.latinocommission.com

Substance Abuse Treatment:

ABC Recovery Center:

Description: Detox, primary residential treatment, perinatal residential treatment, day treatment, outpatient and transitional/ sober living programs all available for adults suffering from substance abuse.

Ages: 18 and over.

Eligibility Requirements: Waitlist. It serves both men and women and also needs to undergo an assessment/ intake process.

Payment: Accepts all forms of payment: check, money order, credit card, insurance and payment plan.

Location: 44359 Palm Street Indio, CA 92201

Phone: 760-342-6616

Website: www.abcrecoverycenter.org

Latino Commission Counseling Center

Description: Outpatient and inpatient substance abuse and mental health services for adolescents.

Ages: 12 through 18

Eligibility Requirements: None

Payment: Medical, IEHP, & cash.

Location: 1612 First St. Coachella, CA 92236

Phone: 760-398-9000

Website: www.latinocommission.com

Betty Ford Center:

Description: Detox, in-patient, residential day treatment, intensive outpatient and pain management programs available to help adults suffering from addiction. Clients have access to individual and group therapies. In the children's program, the family under goes a weeklong treatment together.

Ages: 18 and over. The children's program works with the children of addicts, ages 7 to 12.

Eligibility Requirements: Also, needs to undergo an assessment/ intake process.

Payment: Comprehensive pricing. No child is turned away for inability to pay.

Location: 39000 Bob Hope Dr. Rancho Mirage, CA 92270

Phone: 760-773-4100

Website: www.hazeldenbettyford.org

Casa Cecilia:

Description: Residential long term treatment (more than 90 days) and in-patient services for women seeking treatment for substance abuse. Provide individual counseling for women with children. Also, helps you obtain food stamps.

Ages: Adults.

Eligibility Requirements: Treats only women. Waitlist and also needs to undergo an assessment/ intake process.

Payment: Self-payment. Sliding scale assistance based on income and other factors. Medi-cal.

Location: 83385 Rosa Avenue Thermal, CA 92274

Phone: 760-398-2008

Care Line: 800-499-3008 (to register)

Casa Las Palmas:

Description: Residential long term treatment (more than 30 days) and in-patient services for men seeking treatment for substance abuse.

Ages: Adults.

Eligibility Requirements: Treats only men. Waitlist and also needs to undergo an assessment/ intake process.

Payment: Accepts Medical.

Location: 83844 Hopi Avenue Indio, CA 92201

Phone: 760-398-9000, 760-347-9442

Substance Abuse Treatment - Continued

Ranch Recovery Centers & Hacienda Valdez:

Description: Residential short-term (30 days or less), residential long-term (90 days or less), detox treatment and halfway house services available.

Ages:

Eligibility Requirements: Waitlist and needs to undergo an assessment/ intake process.

Payment: Self-payment and private health insurance accepted.

Location: Women's Treatment-12890 Quinta Way Desert Hot Springs, CA 92240; Men's Treatment-7885 Annandale Ave. Desert Hot Springs, CA 92240

Phone: Women- 760-329-2959; Men-760-329-2924

Website: www.ranchrecovery.org

Riverside County Substance Use/Prevention Services

Description: Out-patient substance abuse counseling for adolescents.

Ages: 11 through 18

Eligibility Requirements: Needs to undergo an assessment/intake process.

Payment: Medical, sliding fee scale.

Locations:

Cathedral City – 68615 Perez Rd. Ste. 6A Cathedral City, CA 92234

Indio – 83912 Avenue 45 Ste. # 9 Indio, CA 92201

Desert Hot Springs—14320 Palm Dr. Desert Hot Springs, Ca. 92240

Hours: Mon – Friday from 8 am to 5 pm

Phones: Cathedral City - 760-770-2286; Indio - 760-347-0754

Michael's House Treatment Center

Description: The program serves to provide individual and group therapy, holistic services, educational groups, relapse prevention and a variety of other services.

Ages: 18 and older

Location: 2095 N. Indian Canyon Dr. Palm Springs, CA 92262

Payment: Option available upon request

Telephone: 877-714-1318

Website: www.michaelshouse.com

Telephone Hotlines (Abuse):

Adult Abuse Hotline

Description: This hotline offers confidential consultation and referral information for adult or domestic abuse.

Phone: 800-491-7123

Child Abuse Hotline:

Description: This hotline is for information regarding how to report suspected child abuse.

Phone: 800-422-4453

Telephone Hotlines (Crisis/Suicide):

HELP Line 24-Hour Crisis/ Suicide Hotline:

Description: The HELP line is a free, confidential Crisis/Suicide Intervention service.

Phone: 951-686-4357

National Suicide Prevention Hotline:

Description: Crisis hotline for people contemplating suicide or information regarding how to help someone who is contemplating suicide.

Phone: 800-273-8255

Riverside County 24-Hour Crisis Line: 211

Description: This hotline offers support, consultation and referral for people of all ages in a current state of crisis.

Phone: 800-464-1123

The Trevor Lifeline:

Description: National organization providing crisis/suicide prevention to lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth.

Phone: 866-488-7386

Telephone Hotlines (Eating Disorders):

EDRefferal.com:

Description: Referral line for the treatment of eating-related disorders (Referrals online only).

Phone: 858-792-7463

Telephone Hotlines (Parenting):

Foster/Adoptive Parent Hotline:

Description: Information line for foster or adoptive parents and for receiving services related to parenting.

Phone: 800-665-5437

Foster Care Resources:

Description: Information line for foster eligibility and related services.

Phone: 760-863-7631

Parent Telephone Support Line:

Description: This hotline offers support, consultation and referral for parents of a child in need of mental health services. Parenting classes provided at Family Resource Center at Desert Hot Springs.

Phone: 888-358-3622

Telephone Hotlines (Substance Abuse):

Al-Anon / Ala-teen:

Description: Information regarding free Ala-non/Ala-teen meetings in the desert region. Ala-non/Ala-teen is a support group for people (or teens) affected by the alcohol abuse of a loved one.

Phone: 888-425-2666

Website: www.alanoninthedesert.com

Alcoholics Anonymous:

Description: Information regarding free Alcoholics Anonymous meetings in the desert region.

Address: 35-325 Date Palm Dr. Suite 134 Cathedral City, Ca. 92234

Phone: 760-324-4880

Payment: No cost

Website: www.aainthedesert.org

Co-Da (Co-Dependents Anonymous):

Description: Information regarding free CoDa meetings in the desert region. CoDa is a support group for children and families who are working through co-dependency issues related to drug abuse.

Phone: Katie M. 760-832-1503

Website: www.coda.org

Detox Referral Line:

Description: Information regarding referrals for substance abuse detoxes programs.

Phone: 800-499-3008

Nar-Anon:

Description: Information regarding free Nar-Anon meetings in the desert region. Nar-Anon is a support group for family members impacted by the drug abuse of a loved-one. No bilingual service available.

Phone: 800-477-6291

Website: www.nar-anon.org

Narcotics Anonymous:

Description: Information regarding free Narcotics Anonymous meetings in the desert region.

Phone: 760-346-5800

Telephone Hotlines (Teen and Adults LGBTQ):

LGBTQ National Help Center:

Description: Serving gay, lesbian, bisexual, transgender, and questioning people by providing free and confidential peer support.

Ages: GBLBT National Hotline: Adults and GLBT Youth Talk-line: Serving youth through age 25.

Eligibility Requirements: None

Payment: No Cost

Location: National

Phone: National Hotline 888-843-4564

Phone: Youth National Hotline 800-246-7743

Website: www.glbthotline.org

Transportation

SunLine

Description: Provides safe and environmentally conscious public transportation services and alternative fuel solutions to meet the mobility needs of the Coachella Valley.

Ages: Youth (5 to 17 yrs.) adults, seniors 60+ / Disabled / Medi-Care

Eligibility Requirements: Poverty/ disaster needs.

Payment:

ADULT (18 - 59 yrs)	\$1.00
YOUTH * (5 - 17 yrs)	85¢
SENIOR 60+ / DISABLED / MEDICARE**	50¢
TRANSFER (unlimited rides within two hours)	25¢

SUNBUS PASSES	* ADULT	** YOUTH	***SENIOR 60+ / DISABLED
DAY PASS - unlimited use for one day	\$3.00	\$2.00	\$1.50
10-RIDE PASS	\$10.00	\$8.50	\$5.00
31-DAY PASS - unlimited use for 31 consecutive days	\$34.00	\$24.00	\$17.00

Location: 32505 Harry Oliver Trail Thousand Palms, CA 92276

Phone: 760-343-3451

Website: www.sunline.org

Desert Blind/Handicapped Association, Inc.

Description: Transportation for blind, elderly and disabled.

Ages: adults

Eligibility Requirements: None

Payment: All rides are free. A suggested donation of \$5 one way is happily accepted, but certainly not required

Address: 777 E Tahquitz Canyon Way #200 Palm Springs, CA

Phone: 760-969-5025

Website: www.desertblind.org

Utility Assistance:

Southern California Edison

Description: Through the California Alternative Rates for Energy (CARE) and Family Electric Rate Assistance (FERA programs), income qualified customers receive between 12-30% discount on electric and natural gas bills. Depending on eligibility customers will be placed into the program that best suits their needs.

- Care California Alternate Rates for Energy (CARE) and Family Electric Rate Assistance (FERA) programs can help CARE and FERA provide a monthly discount on electric rates for low income household relief.
- FERA customers who are eligible homeowners/home renters receive a 30% discount on their electric/gas bill or a 12% discount through the FERA program.
- Apartment renters who are sub-metered tenants that do not receive a bill directly from SCE but directly from their landlord may still qualify for the program and receive a discount.

Eligibility Requirements: Total household income is at or below 20% of the federal poverty level. You may qualify for CARE if you or someone in your home participates in at least one the eligible public assistance programs listed below: Effective: 6/1/16 through 5/31/17.

- Medi-Cal/Medicaid
- CalFresh/SNAP (Food Stamps)
- WIC
- Medi-Cal for families (Healthy Families A&B)
- LIHEAP
- Supplemental Security Income (SSI)
- National School Lunch Program (NSLP)
- Bureau of Indian Affairs General Assistance
- Head Start Income Eligible (Tribal Only)

You may also qualify for CARE or FERA if you meet the income guideline qualifications. If you are already enrolled, make sure you still qualify, see the chart below for information. The maximum household income is effective June 1, 2018 to May 31, 2019.

Household Size	Total Combined Annual Income (CARE)	Total Combined Annual Income (FERA)
1 or 2	Up to \$32,920	Not Eligible
3	\$4,1560	\$40,321 - \$50,400
4	\$52,200	\$48,601 - \$60,750
5	\$58,840	\$56,881 - \$71,100
6	\$67,480	\$65,161 - \$81,450
7	\$76,120	\$73,461 - \$91,825
8	\$84,760	\$81,781 - \$102,225

Add \$8,640 for each additional household member for CARE and \$8,320 - \$10,400 for FERA.

Pacific Gas & Electric – 1-800-743-5000

Applications are available on SCE's website.

1-800-798-5723 www.sce.com/careandfera

Medical or Life Support Equipment Assistance

a. Medical Baseline Allowance

An additional 16.5 kilowatt-hours (kWhs) per day of low-priced "baseline" energy is provided year round for persons with certain medical conditions. Applications are available on SCE's website.

1-800-655-4555, 1-800-441-2233 for Spanish

www.sce.com/CustomService /rates/residential/medical-baseline-allocation.htm

Low-Income Energy Efficiency

b. Energy Management Assistance Program

Helps income-qualified households conserve energy and reduce their electricity costs. SCE pays all the purchasing and installing energy-efficient appliances (Refrigerators, air conditioners, etc...) and equipment, which are free to eligible customers. Other services include energy efficient light bulbs and weatherization measures.

1-800-736-4777 Mon. to Fri. 8:00 am – 8:00 pm Sat. 8:00 am – 5:00 pm

www.sce.com/wps/portal/home/apps/forms/energymgmtassistance

c. Energy Assistance Fund

Provides one-time assistance of \$100.00 during a one-year period; Applications are taken by appointment only from 8:30 am to 12:00 pm and then 1:00 pm to 4:30 pm Monday -Thursdays at the Catholic Charities 83180 Requa Ave. Suite 9 Indio, CA 92201. Call 760-342-0157 for more information. (Once a week in Palm Springs area)

Phone: 800-427-2200

Southern California Gas Company

Description: Through the CARE program, So. Ca.l Gas offers a 20% discount to eligible customers on their monthly natural gas bill. Eligible customers who are approved within 90 days after starting new gas service will also receive a \$15 discount on the Service Establishment Charge.

Eligibility Requirements: There are two ways to qualify:

1. If you or another person in your household receives benefits from any of the programs:

- a. Medi-Cal/Medicaid
- b. Medi-Cal for families A&B
- c. WIC
- d. CalWORKs (TANF) or Trial TANF
- e. Head Start Income Eligible – Tribal Only
- f. Bureau of Indian Affairs General Assistance
- g. CalFresh (Food Stamps)
- h. National School Lunch Program (NSLP)
- i. Low Income Home Energy Assistance Program (LIHEAP)
- j. Supplemental Security Income (SSI)

a. 1 Includes Welfare-to-Work

OR

2. Total income for all persons in your household meets the following income guidelines:

Household Size	Total yearly household income not more than:
1 - 2	\$32,920
3	\$41,560
4	\$50,200
5	\$58,840
6	\$67,480
7	\$76,120
8	\$84,760

*Includes current household income from all sources before deductions.

For each additional person in your household add \$8,320. These income guidelines are effective June 1, 2018 thru May 31, 2019..

Conditions for Participation:

- The gas bill must be in your name and the address must be your primary address.
- You must not be claimed as a dependent on another person's income tax return other than your spouse.
- You must recertify your application when requested.
- You must notify So Cal Gas within 30 days if you no longer qualify.
- You may be asked to verify your eligibility for CARE

Utility Assistance continued:

Apply for CARE by Mail

Mail completed form to:
So. Cal Gas CARE Program GT19A1
P.O. Box 3249
Los Angeles, CA 90051
For more information call 1-800-427-2200

The Direct Assistance Program (DAP)

Eligibility Requirements: This program offers no-cost energy saving home improvements. It's offered to customers who rent or own their homes and meet required guidelines.

No-cost home improvements may include the installation of:

- Attic insulation
- Door weather-stripping
- Caulking
- Water heater blankets
- Switch and outlet gaskets
- Faucet aerators
- And other minor home improvements

To learn more and to speak to a DAP Representative, complete a request form at www.socalgas.com or call 1-800-331-7593

Gas Assistance Fund (GAF)

Eligibility Requirements: This is a seasonal program administered by the United Way, that helps income-qualified customers pay their gas bills with one-time grant up to \$100 toward the gas bill (during specific winter months).

Medical Baseline Program

Eligibility Requirements: Customers or any members of their household with a specific medical condition requiring space heating may receive additional natural gas heat at a lower baseline rate.

Miscellaneous Community Resources:

Adult Education

Description: Basic education and ESL courses for adults. Classes offered at the COD campuses in Desert Hot Springs, Palm Desert and Indio.

Ages: Adults only

Eligibility Requirements: None

Location: 43500 Monterey Ave. Palm Desert, CA 92260

Phone: 760-776-7348

Big Brothers Big Sisters of the Desert:

Description: Youth mentoring organization aimed to help children in the community through one-one relationships with mentors.

Ages: 6 through 14 (Can stay in program till 18)

Eligibility Requirements: Must reside in Coachella Valley

Payment: None

Location: 42600 Cook Street Suite 110 Palm Desert, CA 92211 (Desert Hot Springs, La Quinta, Indio and Coachella)

Phone: 760-568-3977

Website: <https://www.bbbsdesert.org/sert.org>

SAGE Works (The Center)

Description: Six week job training course specifically designed for lesbian, gay, bisexual and transgender older adults who are unemployed, underemployed or going through a career transition. Provides outpatient counseling and support groups for individuals and couples.

Ages: Adults and children 12 & up.

Eligibility Requirements: None

Location: 1301 N. Palm Canyon Dr. # 301 palm Springs, Ca. 92262

Phone: 760-416-7790

California Low Cost Auto Insurance

Description: State-sponsored program offers an affordable liability car insurance policy that meets state financial laws to income qualified customers. Two vehicles per person may be covered for a primary & secondary driver. Individual car owners under the same household must buy separate policies. All vehicles within the household must be covered by this insurance program.

* Recently AB60 licensed drivers may be eligible regardless of immigration status. *

* If you qualify for the program, additional information and documents will be required.

* Calfresh, Calworks, Medi-Cal, Universal Lifeline, LIHEAP, EDD and SSI recipients may automatically qualify.

Ages: 19+ years of age

Eligibility Requirements: Must have a current/valid CA Driver's License, be over the age of 19, own a vehicle valued at \$25,000 or less and meet the following household income eligibility requirements:

1. Person \$29,700
2. Person \$40,050
3. Person \$50,400
4. Person \$60,750
5. Person \$71,100
6. Person \$81,450

Person may visit the website or call for additional household member size and maximum income amounts.

* If you qualify for the program, additional information and documents will be required.

* Calfresh, Calworks, Medi-cal, Universal Lifeline, LIHEAP, EDD and SSI recipients may automatically qualify.

Payment: Premium range \$213 to \$472

Location: Apply online at: www.mylowcostauto.com or call if no internet available.

Phone: 866-602-8861

Miscellaneous Community Resources Continued:

Cash Assistance Program for Immigrants (CAPI)

Description: Cash assistance for aged, blind and disabled non-citizens (Resident of CA).

Ages: Adults

Eligibility Requirements: Aged, blind and disabled non-citizens

Payment: No fees

Location: 68625 Perez Rd. Suite 1 Cathedral City, CA 92234

Phone: 951-791-3709

Website: www.cdss.ca.gov

CVHIP.com

Description: Community Resource website (211).

Desert AIDS Project:

Description: Comprehensive HIV/AIDS service provider providing holistic HIV care, prevention awareness, support groups and more.

Ages: All ages

Eligibility Requirements: No requirements unless specified (Health Center is a federally qualified Health Center).

Payment: Varies

Location: 1695 N. Sunrise Way Palm Springs, CA 92262

Phone: 760-323-2118

Website: www.desertaidsproject.org

Desert Arc:

Description: Desert Arc is committed to enhancing the quality of life and creating opportunities for people with disabilities. Serving more than 600 clients in the Coachella valley and Morongo Basin, Desert Arc provides vocational training, job placement and employment, independent living support and more.

Ages: Adults

Eligibility Requirements: Contact center

Payment: No Cost

Location: 73255 Country Club Palm Desert, CA 92260

Website: www.desertarc.org

Phone: 760-346-1611

Cancer Partners:

Description: Support groups and workshops to ensure that all people impacted by cancer are empowered by knowledge, strengthened by action and sustained by community. Cancer Partners optimizes patient care by providing essential, but often overlooked services including support groups, education and healthy lifestyle programs.

Ages: Children to Adults affected by cancer

Eligibility Requirements: Cancer Partners is for people dealing with cancer, whether they are currently living with cancer, have a family member or friend living with cancer, have cancer or have lost a loved one to cancer.

Payment: Free

Location: 73555 Alessandro Dr. Palm Desert, CA 92280

Phone: 760-770-5678

Website: www.cancerpartners.org

Miscellaneous Community Resources Continued:

Inland Counties Legal Services:

Description: Advocates available to provide legal advice and counsel through free legal aid clinics (legal assistance, housing matters, etc.).

Ages: Adults and their families & seniors.

Eligibility Requirements: Low income and seniors

Payment: No Cost

Location: 82632C US Highway 111 Indio CA, 92201

Phone: 800-226-4257, 760-342-1591, 888-245-4257

Website: www.inlandlegal.org

Legal Services (Desert Legal Aid)

Description: Free and low-cost legal services.

Ages: Adults and their families

Eligibility Requirements: Low-income baseline (for those who rely on fixed incomes)

Location: 423 North Palm Canyon Drive, Palm Springs

Phone: 760-832-9770

Website: www.desertlegalaid.org

PFLAG:

Description: Parents, Families, Friends and Allies United with LGBTQ people serving Palm Springs and desert communities.

Ages: All ages

Eligibility Requirements: Membership based.

Payment: No Cost

Location: PO Box 402 Cathedral City, 92235

Website: www.psflag.org

Phone: 760-202-4430

Operation School Bell:

Description: Operation School Bell provides new school clothes, hygiene kit and backpacks to children in need as recommended by various school districts. The ultimate goal of this project is to help a child establish a good self-esteem.

Eligibility Requirements: Requires a referral by school personnel. Must have appropriate paperwork

Payment: No fees charged.

Location: 68355 Ramon Road Cathedral City, CA 92270

Phone: 760-321-1990

Riverside County Education Academy Military Charter School

Description: School for 9 to 12 graders, college prep, leadership, structure and credit deficient.

Ages: 9th to 12th grade

Eligibility Requirements: None

Location: 44801 Golf Center Parkway Indio, CA 92201

Phone: 760-863-3112

Website: www.rcea.us

Citizenship / Immigration / Deportation Issues

Coachella Valley Immigration Dignity Coalition

Description: A local hotline assisting, with proper resources, families who face immigration and deportation issues.

Ages: Families

Eligibility Requirements:

Location:

Phone: 1-800-515-1935